

Inverness Rowing Club

Inverness Fours/Quads and Small Boats Head

Saturday 10th November 2018

Sunday 11th November 2018

Held on the Historic Caledonian Canal

Racing will take place on both Saturday and Sunday in two divisions over a 3750m (short) and 4500m (long) course
(Held in accordance with the Rules of Scottish Rowing)

FEES for SENIOR Crews: (£8.00 per seat)

FEES for JUNIOR Crews: (£6.50 per seat)

FEES for Mixed JUNIOR/SENIOR Crews: (£8.00 per seat)

Complete Crews of JUNIOR Entrants will be charged at £6.50 per seat if entering SENIOR Events.
MIXED age crews containing Seniors & Juniors will be charged at the SENIOR Crew rate for all seats in the crew.

There will be no charge for Coxes

**ALL ENTRIES & PAYMENTS to be received by SUNDAY 28th
OCTOBER 2018 AT 23:00hrs**

No late entries will be accepted

Email entries to: nov2018@invernessrowing.club using the spreadsheet available at
<https://www.events.invernessrowing.uk/Nov2018/EntryForm.xlsx>

Events Offered

SATURDAY 10 NOVEMBER

Division 1a - Start time 11:15			
Mens' Events		Womens' Events	
Event No	Event	Event No	Event
1	Nov 4x+	2	W J15 4x+
		3	W Nov 4+
4	Vet Nov 2x	6	W Nov 2x
5	J14 2x		
7	Nov 1x	8	W J14 1x

Division 2a - Start time 14:45			
Mens' Events		Womens' Events	
Event No	Event	Event No	Event
23	Nov 4+	25	W Nov 4x+
24	J15 4x+		
26	Nov 2x	27	W Vet Nov 2x
		28	W J14 2x
29	J14 1x	30	W Nov 1x

Division 1b - Start time 11:30			
Mens' Events		Womens' Events	
Event No	Event	Event No	Event
9	R1 4x	14	W Open 4-
10	Open 4+	15	W Vet 4x
11	J18 4+	16	W J18 4-
12	J16 4x	17	W R2 4x+
13	Mixed R2 4x+		
18	R1 2-	20	W R1 2x
19	Vet 2x	21	W Vet 2-
		22	W R1 1x

Division 2b - Start time 15:00			
Mens' Events		Womens' Events	
Event No	Event	Event No	Event
31	Open 4-	35	W R1 4x
32	J18 4-	36	W Open 4+
33	Vet 4x	37	W J18 4+
34	R2 4x+	38	W J16 4x
39	R1 2x	41	W R1 2-
40	Vet 2-	42	W Vet 2x
43	R1 1x		

SUNDAY 11 NOVEMBER

Division 1a - Start time 10:45			
Mens' Events		Womens' Events	
Event No	Event	Event No	Event
44	Nov 4+	47	W Nov 4x+
45	Vet Nov 4x+		
46	J14 4x+		
		48	W J15 2x
49	J15 1x		

Division 2a - Start time 14:15			
Mens' Events		Womens' Events	
Event No	Event	Event No	Event
69	Nov 4x+	70	W Nov 4+
		71	W Vet Nov 4x+
		72	W J14 4x+
73	J15 2x		
		74	W J15 1x

Division 1b - Start time 11:00			
Mens' Events		Womens' Events	
Event No	Event	Event No	Event
50	Open 4x	55	W R1 4-
51	J18 4x	56	W R2 4+
52	R1 4+		
53	Vet 4+		
54	J16 4+		
57	Open 2-	61	W Open 2x
58	J18 2-	62	W J18 2x
59	R2 2-	63	W R2 2x
60	J16 2x		
64	J18 1x	65	W Open 1x
		66	W R2 1x
		67	W Vet 1x
		68	W J16 1x

Division 2b - Start time 14:30			
Mens' Events		Womens' Events	
Event No	Event	Event No	Event
75	R1 4-	78	W Open 4x
76	Mixed Vet 4x	79	W R1 4+
77	R2 4+	80	W J18 4x
		81	W Vet 4+
		82	W J16 4+
83	Open 2x	86	W Open 2-
84	J18 2x	87	W J18 2-
85	R2 2x	88	W R2 2-
		89	W J16 2x
90	Open 1x	94	W J18 1x
91	R2 1x		
92	Vet 1x		
93	J16 1x		

KEY CHANGES SINCE LAST YEAR

We have made some changes this year to reflect the results of our survey (results available at <https://www.events.invernessrowing.uk/Nov2018/SurveyResults.pdf>). The key changes are

- Earlier deadline for entries – PLEASE NOTE SUNDAY 28th OCTOBER 23:00
- Last year's trial of short and long courses confirmed as option that receives most support from competitors, coaches and umpires to reduce wait time at start for most athletes;
- Revised start times
 - Have added an extra hour between divisions to allow small boats more time to eat / recover between divisions;
 - Short course scheduled to start 15 minutes before long course – allows a more efficient launching & marshalling plan to be implemented;
- Cox/coach/steerspersons briefing at 9am each day;
- Antlers to be awarded to club winning "Head of the Caledonian Canal"
- Additional shelters (portacabin and marquee) for athletes at the Inverness Rowing Club boathouse;
- More toilets.
- Event running order advised in advance

Sat D1

Short

Nov 4x+
W J15 4x+
W Nov 4+
Vet Nov 2x
J14 2x
W Nov 2x
Nov 1x
W J14 1x

Long

R1 4x
Open 4+
J18 4+
W Open 4-
J16 4x
Mixed R2 4x+
W Vet 4x
W J18 4-
W R2 4x+
R1 2-
W R1 2x
Vet 2x
W Vet 2-
W R1 1x

Sat D2

Short

Nov 4+
J15 4x+
W Nov 4x+
Nov 2x
W Vet Nov 2x
W J14 2x
J14 1x
W Nov 1x

Long

Open 4-
J18 4-
Vet 4x
R2 4x+
W R1 4x
W Open 4+
W J18 4+
W J16 4x
R1 2x
W R1 2-
Vet 2-
W Vet 2x
R1 1x

Sun D1

Short

Nov 4+
Vet Nov 4x+
J14 4x+
W Nov 4x+
W J15 2x
J15 1x

Long

Open 4x
J18 4x
R1 4+
W R1 4-
J16 4+
Vet 4+
W R2 4+
Open 2-
J18 2-
W Open 2x
R2 2-
W J18 2x
J16 2x
W R2 2x
J18 1x
W Open 1x
W R2 1x
W J16 1x
W Vet 1x

Sun D2

Short

Nov 4x+
W Nov 4+
W Vet Nov 4x+
W J14 4x+
J15 2x
W J15 1x

Long

R1 4-
W Open 4x
Mixed Vet 4x
R2 4+
W R1 4+
W J18 4x
W J16 4+
W Vet 4+
Open 2x
J18 2x
W Open 2-
R2 2x
W J18 2-
W R2 2-
W J16 2x
Open 1x
R2 1x
J16 1x
Vet 1x
W J18 1x

**General information –
All entries and payment to be received by Sunday 28th October 2018 at 2300hrs**

Entries fees / Registration

- **Senior crews** £8.00/seat and **Junior crews** £6.50/seat, **Mixed Junior/Senior Crews** £8.00/seat, this includes Scottish Rowing levy and charges levied by Scottish Canals. **Note: coxes are free.**
- All entry fees must be paid **before** the DRAW takes place.
There will be no payment for entries on the day.
Cheques (one per club, please) made payable to Inverness Rowing Club should be sent to Hazel Geddes 7 Dores Avenue Inverness IV2 4RR, together with a signed paper copy of your Summary Page from the Entry spreadsheet.
- Payment can also be made using BACS, E-mail nov2018@invernessrowing.club for details.
- Registration will open at 09:00 to allow a Club Representative to collect Registration Pack, 1 pack will be issued per Club. This Pack will contain
 - Essential Information for Competitors including Bow & Back Numbers;
 - a Course Map;
 - Circulation pattern at start;
 - and any other information which should be read prior to participation
 - Bin bag – please use to clear up your litter before leaving
- There will be a deposit payable at the time of collection of £5 per Bow Number eg if there were 5 Bow Numbers then a deposit of £25 would be required – this of course will be returned when the complete pack is returned at the end of racing.
- Clubs are reminded of their responsibility to ensure that all entrants have a valid racing licence. **Clubs must provide a summary of the racing licence information for all competitors entered** (e.g. a download of the information provided on the Scottish Rowing membership system) – this should include Name & Licence Number plus Date of Birth (for Junior and Veteran entries) and be submitted when collecting their Registration Pack.
- Registration of Club Entries must be made by one Club official
- Crew Changes and Scratched Entries on the day to be notified on form included in Registration Pack.
- Refunds to Clubs will only be made if Organisers are advised prior to the Draw being made.
- **ENTRY ONLY VIA EMAIL USING THE SPREADSHEET at**
<https://www.events.invernessrowing.uk/Nov2018/EntryForm.xlsx>
- **E-mail –** nov2018@invernessrowing.club **for entries and any queries**

Racing

- All coxes/coaches/steerers to attend marshalling briefing at 9am each morning
- The event will be run in accordance with the Scottish Rowing Rules of Racing and Scottish Rowing Water Safety Code
- The short course will be run over a 3750 metre distance and the long course over a 4500 metre distance from Dochgarroch to Inverness Rowing Club
- On Saturday, the first divisions will commence at 11:15/11:30 and the second divisions will commence at 14:45/15:00.
- On Sunday, the first divisions will commence at 10:45/11:00 and the second divisions at 14:15/14:30.

Punctuality

- All short course boats must have passed the finishing line on their way to the start no later than 45 minutes before the short course start time; all long course boats must have passed the finishing line on their way to the start no later than 25 minutes before the short course start time.
- Late departures will be disqualified and turned back, in fairness to crews waiting at the start.
- Short course crews must be in position at the start 10 minutes before the start of racing. Long course crews must have passed the short course crews before the scheduled start time for the short course.
- Crews arriving late at the start will receive time penalties. 10s will be added for every minute a crew is late.

General

- Prizes shall be awarded for the fastest in each category, provided more than 2 crews are competing. Antlers will be awarded for the club that scores the most points in the "Head of the Caledonian Canal" competition. Points will be awarded to clubs based on participation (i.e. the number of crews/competitors entered) and performance (i.e. the speed of each crew compared to the winners of their event). Time Only and composite crews will be excluded from this competition.
- Veteran events will be raced as one category. Final placings will be awarded following handicapping using the Scottish Rowing approved handicap calculation.
- The number of women in a mixed crew must be at least half the total (excluding coxes).

Facilities

- Hot drinks and refreshments will be available all day at the Boathouse.
- There are no showers at the Boathouse but the nearby Sports Centre is open to all members of the public (an entry fee is payable).
- Toilet facilities are available around the Boathouse and at various locations beside Boat Trailer parking
 - Toilets within the boathouse are for use of Umpires and regatta officials only.
- Parking of Boat Trailers will be advised on publication of the Draw

- The Highland Rugby Club car park may not be available for parking Mini Buses and Cars this year – alternative parking arrangements will be advised on publication of the Draw.

GDPR Notice

- To run this event, Inverness Rowing Club has a Legitimate Interest in collecting the following information from competitors:
 - Name, Club, Date of Birth (for Juniors & Veteran entries), Racing Licence (number and racing status)
 - Photographs & video of crews at start and finish for the purpose of checking the results of the timing system.
- This information may be shared with Scottish Rowing (to maintain compliance with the Rules of Racing) and other club officials (to resolve any dispute about crew eligibility or race results).
- Inverness will publish the stroke names, event entered, club and Veteran status plus time over the course for each crew on its website to advise the running order and results.
- With the exception of the information on the running order and results, all data received will be deleted or securely destroyed 1 month after the event. The running order and results will continue to be available on our website for several years (no date has been set for its removal).
- Please contact us if you wish a crew to be redacted from the publication of the results.
- This event will take place in a public space. People may take and share photographs during the weekend. With the exception of the photographs and video we collect for processing the results, such activity is undertaken on a personal basis and Inverness Rowing Club can take no responsibility for the collection or use of such personal information.

THE ONLY METHOD OF ENTRY IS EMAILED SPREADSHEET
<https://www.events.invernessrowing.club/Nov2018/EntryForm.xlsx>

Email– nov2018@invernessrowing.club

- Please send payment and a print out of the summary page spreadsheet to :

H Geddes, 7 Dores Avenue, Inverness, IV2 4RR
Cheques to be made payable to Inverness Rowing Club.